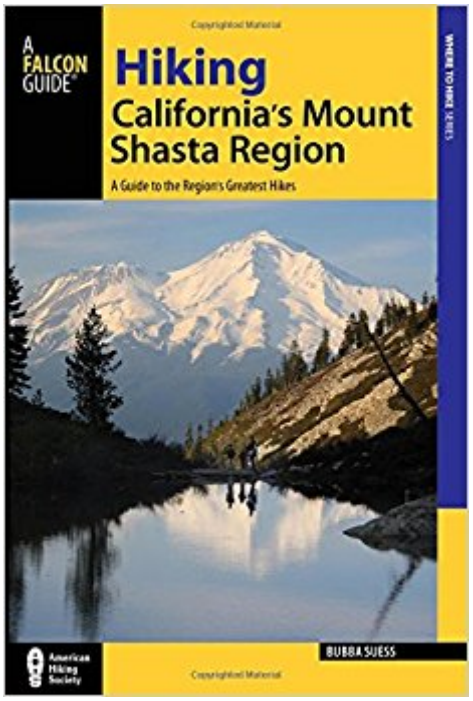
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# Hiking California's Mount Shasta Region: A Guide To The Region's Greatest Hikes (Regional Hiking Series)




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## Synopsis

Hiking California's Mount Shasta Region covers 50 hikes in the area for hikers of all abilities. Up-to-date trail information and miles and directions will be featured throughout, as well as sidebars on local culture, trivia, and wildlife. GPS coordinates are available for all trailheads.

## Book Information

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## Customer Reviews

A native of Sonoma County in CaliforniaÃ¢â ¬â„¢s wine country, Christopher Ã¢â ¬Å“BubbaÃ¢â ¬Â• Suess grew up hiking the trails on his home turf as well as those in the famed Sierra Nevada. His first backpacking trip at age five sparked a love affair with granite and rushing water. Deeply influenced by his parents to appreciate the outdoors and by his older brother to always strive and persevere, Bubba was further moved to value the conservation of wilderness during his time in the Boy Scouts. A four-year sojourn in Texas for graduate school forced Bubba to find beauty in more subtle places and areas that are generally overlooked. Now a resident of Mount Shasta in far northern California, he loves living a rural life, centered around time spent with his wife, Harmony, and three children.

Bagging the summit of Shasta is what it’s all about for many outdoor adventure seekers. And that is a worthy goal. But if that is all you do in the Shasta region, you are missing out on some of the most pleasant hiking in the state. This new book by Bubba Suess will help you fill in the gaps, and there are a lot of them, beginning with the many beautiful urban trails in and around Mt Shasta City (who

knew?). Of course, the many lakes of the Trinity divide are also found in this book. And so is Mt Eddy, an impressive summit that would receive more attention were it not opposite Shasta. And I found several pleasant trails north of town I was utterly unaware of. In all, there is a hike for everyone within this book, from short walks that even the moderately disabled can enjoy, to all day treks for experienced hikers, with most routes falling somewhere in between.One of the things I like about this particular Falcon series are the nice color photos, which on the glossy paper resembles color plates. This guide by Suess certainly gives readers beautiful depictions of where they will be hiking and upholds the standards of the series. Maps are also great: two color and detailed. Route descriptions are extensive and include extensive local and natural history. Indeed I cannot think of any negatives to this book, and I will be using it on my next trip to Shasta City. It comes highly recommended.

Tried to use it in Mt. Shasta. We followed the directions for one hike that said take the road to the right. There were three roads to the right. We walked five miles the wrong way, then took the other right and found out it was wrong, too. Finally found the right path by asking other hikers.

Excellent analysis of all Northern California has to offer trail wise. Hikes are very well presented from mileage and road markers, to exact trailhead signage. If it’s only a PCT sign, then you know that’s what to watch for. Also good seasonal tips as far as waterfall flow and caveats to make sure you get to where you’re going. This is the best investment I’ve made in nor cal hiking. Thank you Bubba and Harmony. :)

I studied this book before our vacation and it really helped. Well written, with excellent directions to trailheads. We did five of the hikes. I will point out, though, that the hikes took us longer than advertised, and some of the wayfinding (e.g. to Heart Lake) was difficult.

A comprehensive collection of valuable information about the region. This is the go to. You won’t find a better authority than the writer of this book!

Great guide to one of the most beautiful areas in California. Highly descriptive and captures the heart and spirit of the Mount Shasta region. Even if you have other hiking guides, you need to grab this one!

This guidebook has color pictures and glossy pages throughout, just a well crafted book full of great information.

It’s a great guide for hiking Northern California I would recommend to anybody who wants to get out in the wild

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